



Keeping everybody safe and healthy in Hackney

Have your say



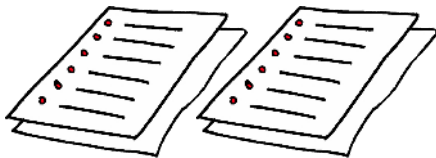
EasyRead version



In Hackney we want everybody to feel happy, safe and healthy.



We asked lots of people who live and work in Hackney some questions about their health and wellbeing.



We put together all their answers.



Now we know that things are **unequal** for people living in Hackney.

Unequal means that some people are doing better than others. We want to fix this.



We know that:

- some people who live in Hackney are not well



- some people are lonely



- some people do not have enough money



- some people are not treated fairly because of their race.



This is not fair and we want to help.



We have worked out some ways we can help people in Hackney.

We think you are important and we want you to tell us what you think.



We will look at what everyone thinks and then we will make a plan for the next 4 years.



Our plan will look at 3 things that we call **priorities**.

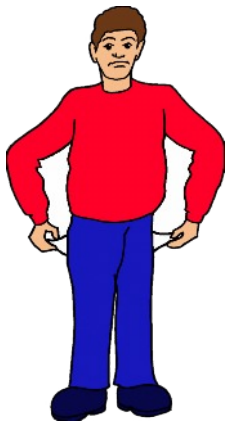
A **priority** is something that is important:



Priority 1. Helping people with their mental health.



Priority 2. Social connection, which is about helping people to make more friends in Hackney.



Priority 3. Financial security which is about helping people who are poor.



We want you to look at 7 ideas for each priority in the questions below.

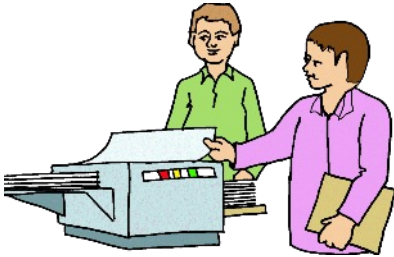


The 7 ideas are about how to:

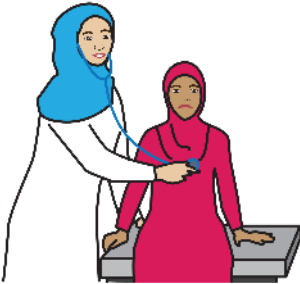
1. Help children have a good start.



2. Look for ways that everyone can achieve all they can and live how they would like to.



3. Get people into jobs.



4. Keep everyone healthy and well.



5. Build healthy communities.



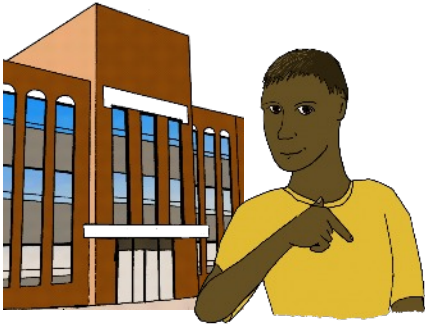
6. Stop people getting sick.



7. Stop **racism** and discrimination.

Racism is about being unkind to people who look different because of their family background.

Questions for you to answer



Are you answering the questions by yourself or with an organisation?

Self

Organisation

What is the name of the organisation?



What do you do in Hackney?

I live here

I work here

I study here

This is about priority 1: Helping people with their mental health



Here are 7 ideas for you to look at and say if you agree or disagree.



Mental health idea 1. Help children have a good start.

We need to get help for children who worry about things.



Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about the mental health of children?

Mental health idea 2.

Look for ways that everyone can live how they would like to.



We know that exercise helps people feel better.



We need to give everyone the chance to have some exercise.



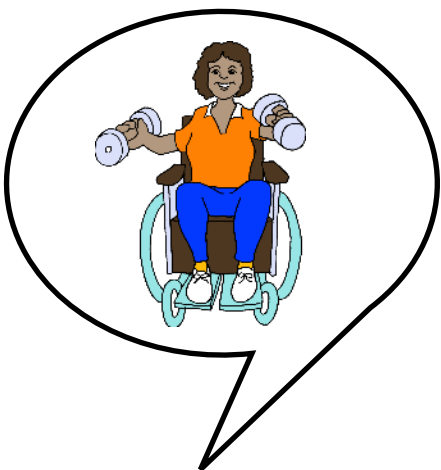
Agree
a lot

Agree
a bit

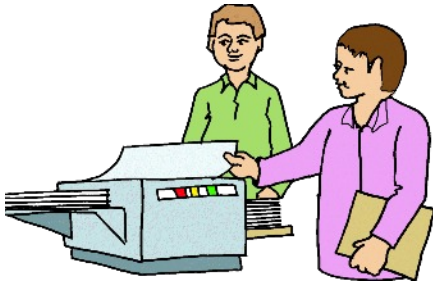
Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about how everyone can achieve all they can and live how they would like to?



Mental health idea 3. Get people into jobs.

Help people to get and keep jobs.



Make it okay to talk about your mental health at work.



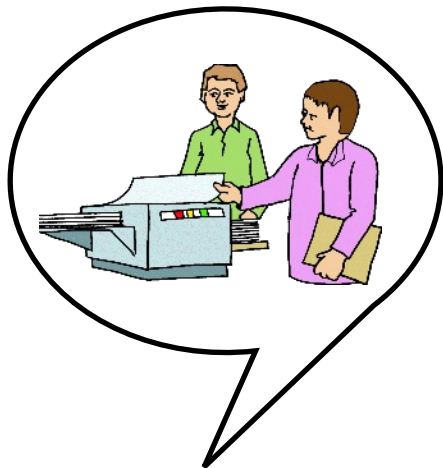
Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about ways to get people into jobs?



**Mental health idea 4 and 5.
Keep everyone healthy and well
and in touch with each other.**

Help people stay in touch with each other.



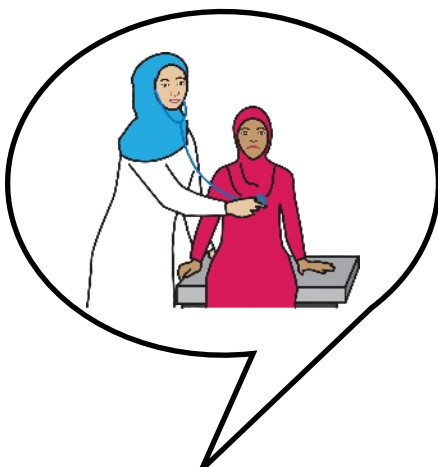
Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about
ways to keep everyone healthy and well
and in touch with each other?



Mental health idea 6. Stop people getting sick.

Show people ways to stay mentally well before they get sick.



Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about ways people can stay mentally well before they get sick?



Mental health idea 7. Stop racism and discrimination.

Offer people mental health support that suits their culture.



Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about ways to stop racism and discrimination?

This is about priority 2: Social connection, which is about helping people to make more friends in Hackney



Almost half of the people living in Hackney say they feel lonely sometimes.

Social connection idea 1. Help children have a good start.



We must remember to include children when we plan ways to stay in touch with each other.



Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about ways to help children make friends in Hackney?



Social connection idea 2.

Look for ways that young people and adults can stay in touch with others.



We want to help people, especially young people not feel left out when changes happen



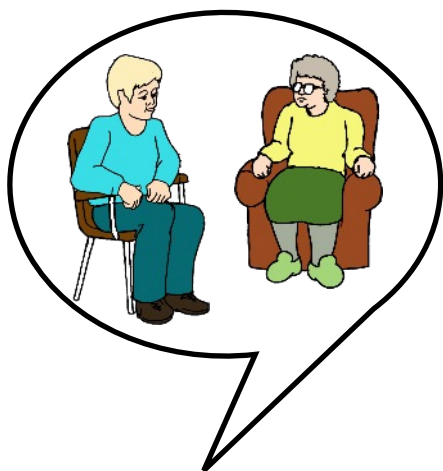
Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about ways young people and adults can stay in touch with each other?



Social connection idea 3. Get people into jobs.

Help people get paid and volunteer jobs with the support they might need to keep them.



Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about ways to get people into jobs?



**Social connection ideas 4 and 5.
Keep everyone healthy and well and in touch with each other.**

Help neighbourhoods make plans about staying well. Neighbourhoods are people living near each other.



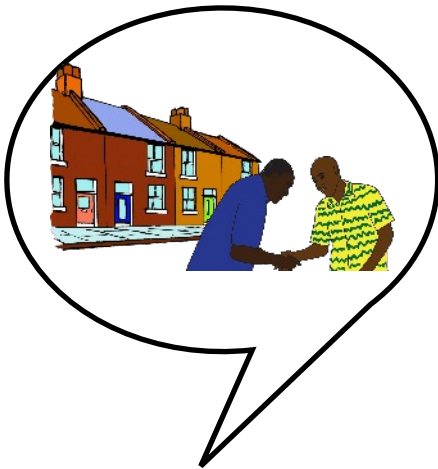
Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about ways to help neighbours get to know each other?



Social connection idea 6. Stop people getting sick.

Exercise is good for our body and brings us together with other people.



Help people to be active or exercise where and how they want to.



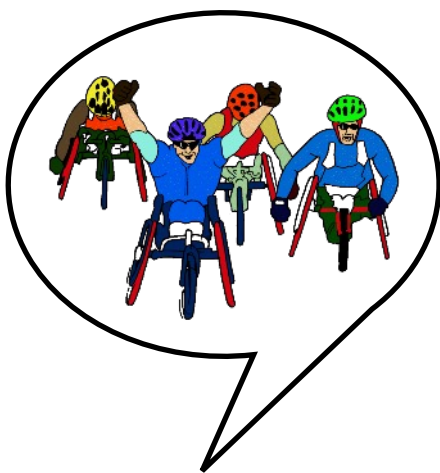
Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about people can get together and feel better?

Social connection idea 7. Stop racism and discrimination.



Look at ways to support people from different backgrounds to do all they are able to.



Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about ways to stop racism and discrimination?

This is about priority 3: Financial security which is about helping people who are poor



Financial security idea 1. Help children have a good start.

Look at ways to help families with children who are poor.



Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about helping families with children who are poor?



Financial security idea 2.

Look for ways that young people and adults can stay in touch with others.

Ask schools to teach young people how to manage money.



Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about ways to teach young people how to manage money?



Financial security idea 3. Get people into jobs.

Help people get new skills and jobs that pay good money.



Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about ways to help people get new skills and jobs that pay good money?



**Financial security ideas 4 and 5.
Keep everyone healthy and well and
keep our community healthy.**

Ask big groups like the hospitals and the council to make Hackney a good place to live.



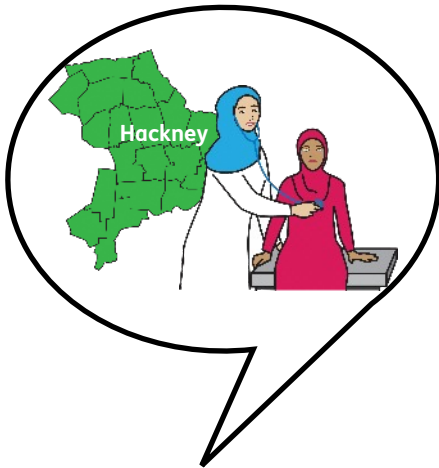
Agree
a lot

Agree
a bit

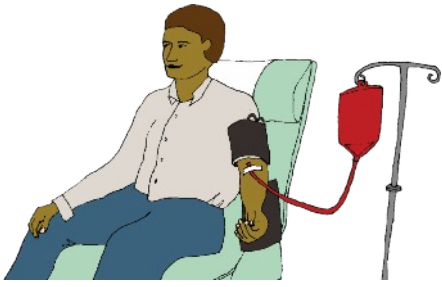
Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about how the council can keep people healthy in Hackney?



Financial security idea 6. Stop people getting sick.

Make sure that health services go to people who need them most.



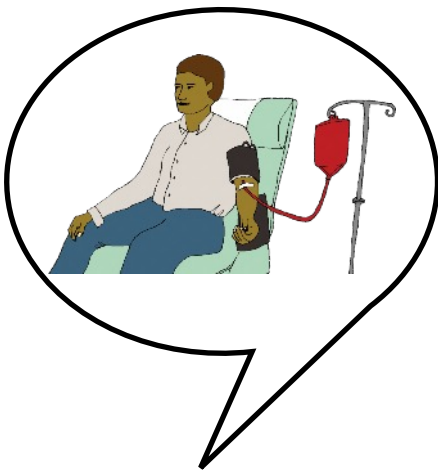
Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot



Do you want to say anything more about getting health services to people who need them most?



Financial security idea 7. Stop racism and discrimination.

Look at ways to treat all people fairly.



Agree
a lot

Agree
a bit

Don't
know

Disagree
a bit

Disagree
a lot

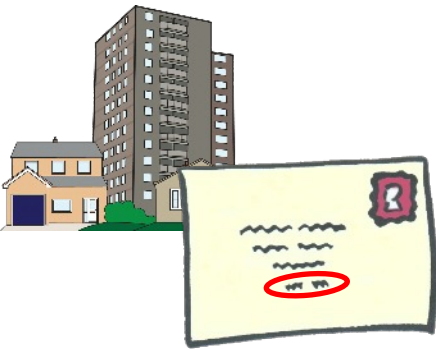


Do you want to say anything more about ways to stop racism and treat all people fairly?

About you



We want to know a little about you. You do not have to answer these questions.



What are the first 3 letters of your postcode?



How old are you?

Under 16 16-17

18-24 25-34

35-44 45-54

55-64 65-74

75-84 85-94

94+

I prefer not to say



Do you look after a person in your family or a friend?

Yes

No



Do you have a disability or long term illness?

Yes

No

I prefer not to say



What is your ethnicity?

White - English, Welsh, Scottish, Northern Irish or British

White - Irish

White - Gypsy or Irish Traveller

White - Roma

White - European Mixed

White - Kurdish



White - Turkish

White- Turkish Cypriot

White- Eastern European

White - Western European

White

Jewish

Charedi Jewish

Black British

Black- Caribbean

Black- African

Asian – Indian

Asian- Pakistani

Asian- Chinese

Asian- Bangladeshi

Asian- Sri Lankan

Asian- Vietnamese Asian

Asian



Mixed- White & Black Caribbean

Mixed-White & Black African

Mixed- White & Asian

Mixed- Other

Arab

South American

I prefer not to say

Other:



How do you describe yourself?

Man

Woman

Non-binary

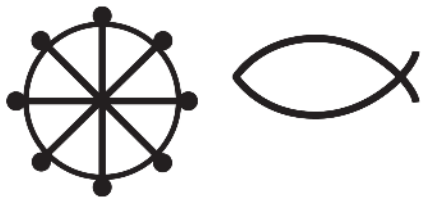
Genderqueer

Agender

Intersex

I use my own term

I prefer not to say



What is your religion or belief?

Atheist / no religious belief



Buddhist

Charedi

Christian

Hindu



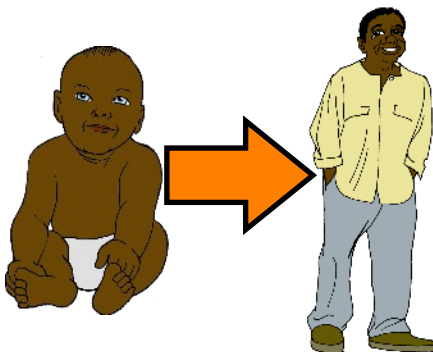
Jewish

Muslim

Sikh

Secular beliefs

Other



Is your gender identity different to the sex you were told at birth?



Sexuality. Are you:

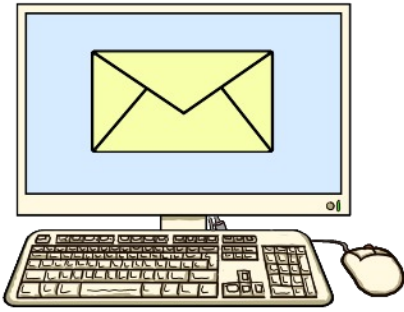
Bisexual

Lesbian or Gay woman

Gay man

Heterosexual

Other



If you want to help us make our plan please tell us your email address:



Thank you for answering our questions.

February 2022						
Mon	Tue	Wed	Thu	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28						

Please send your answers back to us by **15th February 2022.**



For more information call Sara Bainbridge on **020 8356 7147**



or email Sara at **sara.bainbridge@hackney.gov.uk**

Credits



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making EasyRead information.



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